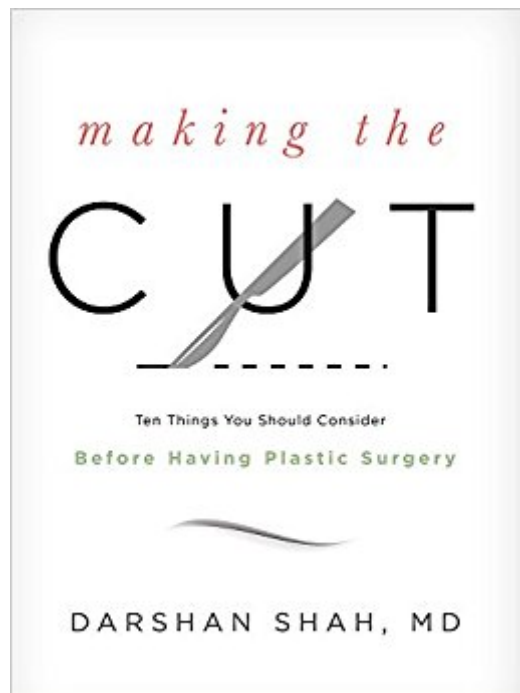




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# Making The Cut: Ten Things You Should Consider Before Having Plastic Surgery



## Synopsis

Discover Whether Plastic Surgery Is Right For You Plastic surgery isn't just for movie stars and millionaires anymore. Today, it's more acceptable and accessible than ever before. But whether you're a mom who wants your pre-pregnancy body back or you just want to look as young as you feel, educating yourself on the plastic surgery process is vital. Experienced plastic surgeon Dr. Darshan Shah knows the intricacies of plastic surgery procedures and now, in *Making the Cut*, he offers insight and guidance for those interested in transforming their body and life. Split into two distinct parts, the book explains what you must consider before plastic surgery and delves into a variety of plastic surgery procedures, such as facial procedures, tummy tucks, and breast lifts. You'll learn how to prepare for and what to expect from your surgery, so that you can increase your likelihood of an incredibly successful outcome. Dr. Shah has witnessed firsthand the power of plastic surgery in changing lives. After a successful procedure, patients feel confident and ready to take on the world. But in order to reach that happy ending, you need to get informed about what you can do to drastically increase your chances of success. By doing so, you can join the millions of other people all over the world who have improved their lives through plastic surgery.

## Book Information

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## Customer Reviews

Dr. Darshan Shah is the medical director of Beautologie Cosmetic Surgery & Laser Center. Dr. Shah obtained his bachelor of science in biology from the University of Missouri at Kansas City, where he also participated in their combined BS-MD program, graduating top of his class. He then trained in general and trauma surgery at the UCSD/KMC surgery program, followed by a plastic and

reconstructive fellowship at the prestigious Mayo Clinic in Rochester, MN. His passion after fifteen years of practice is to educate his patients to see them achieve well-being and self-confidence.

Mandatory read for anyone considering a surgical/aesthetic procedure, or knows anyone thinking of doing one. After reading this you will be thoroughly educated in unfortunate complications of common procedures, if you're a good candidate, and staying safe. There are surgeons out there that will do your surgery no matter the circumstance as long as money is involved, but this book will have you running! I can tell the writers(MDs) truly care for peoples well being. There are detailed examples here of patients who couldve easily undergone \$10,000 procedures, but the doctor says in detail why this patient ended up not doing the procedure after him giving his honest advice. I appreciate this book and I know it helps many people make the right choice before surgery. There is so much I could say about this book, but you will have to see for yourself!

my wife and i shared this book and it put our minds at ease with a lot of questions we had about her having plastic surgery. its an easy read and great collaboration by several highly experienced surgeons. plastic surgery isn't for everyone and this book puts it into perspective for someone (and their loved ones) looking to get an elective surgical procedure done.

Considering having plastic surgery is a really personal choice. The internet is full of scary things. This book was really helpful with the things you really do not see on the web. I felt well-informed and ready for my surgical consultation after this easy to read book. It is made for patients just like me who are trying to research from trusted professionals before making the decision to have an elective procedure. I have already shared it with friends who are on the same quest for real information.

Easy to understand for someone who's not proficient in medical terminology. I felt every single point really hit home for me in specific, and I felt extremely educated on moving forward with a surgical procedure. The fact that even the first 48 hours of your surgery is broken down is pretty impressive. Once I knew I could honestly answer "yes" to all these thought-provoking questions, I knew I was an "ideal candidate" for my procedure of choice. If you're considering a surgical or even non-surgical procedure, this book is a must have to make sure your visions align with reality. Thanks, Dr. Darshan Shah for getting down to the real truth and saying the things that often go unsaid.

So glad I found this book. I was so nervous before considering plastic surgery and this book helped

me feel confident in the decision I was making for myself. Recommending to all my friends!! Also, I hate reading and this book was SUPER easy to read!!

I was really hesitant when considering plastic surgery, I bought this book in hopes it would give me clarity and it definitely did! Dr. Shah makes every point very clear and easy to understand. After much research and reading this amazing book I feel confident that I am making the right decision. I loved all of the great tips provided throughout the book and found the quizzes very helpful. This is a must read if you or a loved one is considering a plastic surgery procedure, I recommend this to everyone I know!

After reading this book I could not believe how little I knew a decade ago with my first surgery! This is a easy read book and provides useful information of the common plastic surgeries of today. As a consumer of future surgery, I feel well informed of the additional procedure I am interested in and what to expect from beginning to end. I have recommended this book to friends and do the same for anyone who considers plastic surgery!

This book is full of great information and advice! I highly recommend it for anyone considering plastic surgery! The information is well thought out and easy to follow. There are pros, and cons as well as information about specific procedures. It is truly an objective view of the facts of plastic surgery. If you are thinking about having surgery this is the book for you!

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